



*InterPlay*  
*Annual*  
*Report*  
*2012*



# *InterPlay Brings Us to* **Life**

When you release the wisdom, sounds, stories and dances in your body, they **weave a new world**.

When you dance on behalf of a friend, loved one or stranger, your movements **bring color, brilliance and beauty to the tapestry of your life**.

When you gather a circle of people and improvise a song from your hearts, the **vibrations continue long after your song ends**.

When you bring your hand together with another person's hand, whatever their age, skin color or life story, a connection is forged—a **fleshy, human connection** that reminds us what we're about as human beings.

InterPlay does these things.

**It brings us to Life.**

**It brings our world to Life.**

# InterPlay Brings You to Life and your support is spreading InterPlay far and wide

For our annual report, we have gathered some stories from all corners of the community about ways that InterPlay **brings us to life**.

## Send us Your Stories!

This annual report is missing your stories!

Go to [www.interplay.org/2012.html](http://www.interplay.org/2012.html) and share your stories of how InterPlay has brought you or one of your groups to Life.



## InterPlay Makes Activism More Fun, More Inspiring

This year's Millennial Leaders reaffirmed that InterPlay can go wherever you want to take it! Hailing from Missouri, Washington, California, North Carolina, and Texas, they brought passions for disability rights, immigration, teaching, sustainability, and the power of music. All found ways that **InterPlay tools can support them in their lives**. These activists and visionaries continued to teach us about how social change can be more **sustainable, artful and healthy** when supported by the tools of InterPlay.

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## “I am humbled by the life changing power of play.”

“I have always been a storyteller, performer, dancer, singer and creative person... but now I have experienced the potency of prayers lifted through dance and the power of laughing 'til I cry and wailing until I sigh and saying 'Wheeeee.' I have had a lot of dynamic learning experiences in my life, but none would compare with the **richness** that has come into every facet of my life after completing the Life Practice Program. InterPlay has made me a better teacher, a better mother and brought about a **cosmic shift in my spiritual life.**”

—Beth Sarver



## Therapist Transforms Herself and Her Work

“I walk funny, I can't dance and I'm terrified of speaking in front of a group,” said Susan, a successful Minnesota therapist. When she first met InterPlay Way leader **CathyAnn Beaty**, the two sides of Susan's body were so separate that she walked by swinging her right arm and right leg forward at the same time. Susan began working slowly and incrementally with CathyAnn—first, finding her walking body, then her dancing body, then her storytelling voice. The journey unfolded over several years of InterPlay. In CathyAnn's words, “Now she looks like a shaman when she dances. Wonderful, whimsical, poignant stories are pouring out of her. InterPlay's incrementality has **fundamentally changed parts of her being**. And doing InterPlay has opened up her whole world as a therapist.”



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# InterPlay Brings Your Groups to Life and your support is bringing InterPlay to new people and places

If you're someone who has found power and life through InterPlay, you've probably also shared it (in sneaky and surprising ways) with some of the communities in your life. Here are a few stories from 2012 of InterPlayers bringing their groups to Life.



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### InterPlay and “1 Billion Rising”—Rockin’ the San Francisco Jail!

300 of us showed up to dance to the song **Break the Chain** to end violence against women and girls. When we handed out white roses of reconciliation to witnesses, the San Francisco Sheriff and his wife received one. He immediately wanted to bring the dance inside the jail. The next week, Soyinka Rahim and I shared InterPlay with women inmates and a group of men identified as perpetrators. The media showed up. It made the news. On that day the **doors of a prison were flung open to the healing power of the arts** and to InterPlay’s active, creative tools to create a safer more beautiful world.

— Cynthia Winton-Henry with Soyinka Rahim



### High School Dancers Use InterPlay to Build Trust, Confidence and Friendship

I use InterPlay as a grounding philosophy in all my high school dance classes because it so powerfully **builds respect, trust and friendship among my students**. It makes them say things at the end of the semester like:

"I've become a lot more confident of myself and my body."

"I am more capable than I thought."

"This season I learned how great we could do, as a cast and really as a family."

InterPlay helps me teach my students to honor themselves and others, and to trust in the power of community.

—Diane Rawlinson

### InterPlay Connects South African Youth and DC InterPlayers on MLK Day

We did a hand-to-hand, interlocking contact dance as we listened to Dr. Martin Luther King, Jr’s “I Have a Dream” speech. DC InterPlayers had gathered with twelve young adults from the South African Bokamoso Youth Foundation. Led by Masankho Banda, **our many-colored hands and fingers interwove**—mixing cultures and languages and histories. We all experienced the **heart-to-heart power of InterPlay connection** beyond words.

—Kate & Billy Amoss



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# InterPlay is a Community Work of Art

Are you someone who has given **years of your life** to leading and sharing InterPlay?

Do you help **organize and lead InterPlay events** in your community?

In the InterPlay family tree, is there a **community of people** who have all been introduced to InterPlay **because of your leadership**?

InterPlay has spread around the world **because of you** and others like you. Today's global InterPlay movement quite literally could not exist without **your love and generosity**.

*thank you!*

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## Are you one of those sneaky-deep Agents of Transformation that have spread InterPlay around the world?

30 Life Practice Program leaders

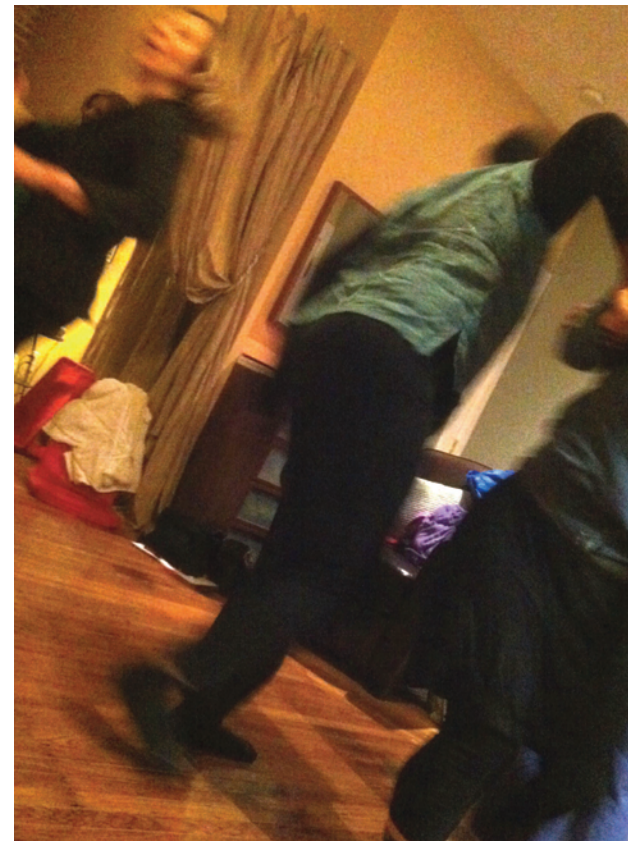
389 Certified InterPlay leaders in the US

857 Life Practice Program graduates

40 Board members (past and present)

Thousands of InterPlaymates in 60 cities on 6 continents

**Thanks to each one of you for helping to Bring Our World to Life.**



# InterPlay brings Our World to Life and your support is changing the world!

**It's a time of opportunity for InterPlay.** Over the past 23 years, we have learned about what brings a person to Life and we have learned what brings groups to Life. InterPlay is now a well-refined system. We have trained teachers, established curricula and our own **"world wide web" of connections** between InterPlayers and their communities, workplaces, faith communities, and more.

## Now we're asking the question, "How Can InterPlay Bring Our World to Life?"

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In 2013 and beyond, we're looking for the opportunities to create **big ripple effects**—**waves of creativity, community and health in the world.**

What **organizational partnerships** will allow us to spread InterPlay to whole networks, professional fields, large organizations, and communities? And what can InterPlay do to help facilitate those partnerships?

How can we all help to **foster vibrant and growing InterPlay regions** around the world?

Where might we present InterPlay at a **conference or event** that would introduce **large groups of leaders** to the power of InterPlay?

And how can we **gather the data** that will help us share the **quantitative evidence** of InterPlay's impact with others? (In fact, a national team of InterPlayers has already created evaluation tools to do just that, so stay tuned!)

## If this inspires you

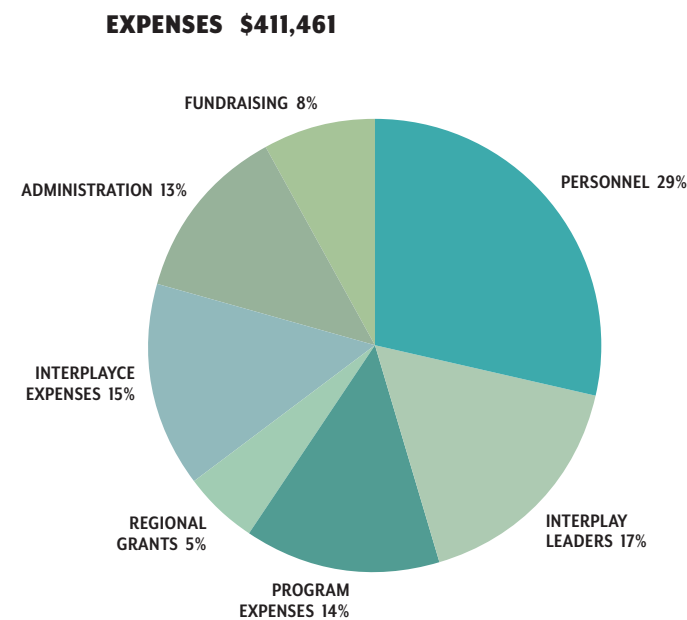
we hope you'll join us in 2013. Together, we can take InterPlay to the people and places that are **hungry** for new ways to **bring themselves and their communities to Life.**

**And we plan to continue to have fun along the way!**

# InterPlay 2012 Financial Report

## What does it cost to run a global InterPlay movement for a year?

During 2012, about \$400,000. Not bad, considering we have five part-time staff (Cynthia, Phil, Theron, Stephanie and Lucia) supporting InterPlay activities in **60 cities on 6 continents!** Check out the pie chart below to see how InterPlay funds were spent last year.

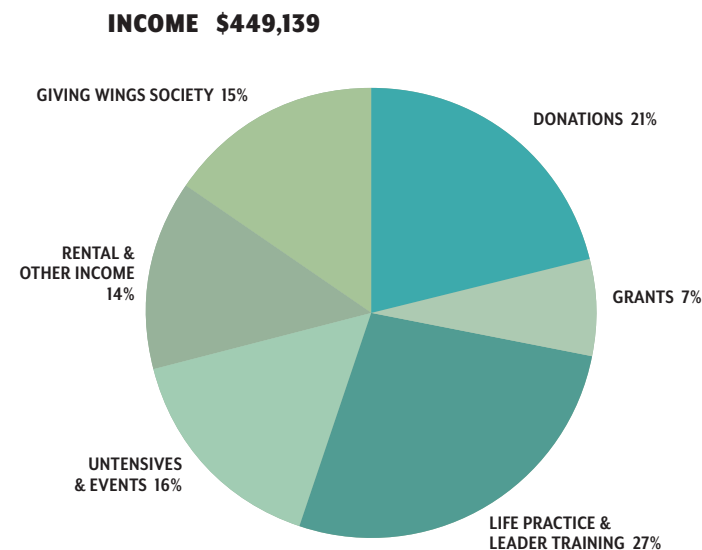


## Donors and Tuitions Provide About 90% of InterPlay's Income

That means if you made a donation to InterPlay in 2012 or paid tuition for a national InterPlay event, **you helped bring the world to Life last year!** Your support of InterPlay allows us to sustain the many faces of this InterPlay movement—**Thank you!** The pie chart below (and who doesn't like pie, right?) shows the sources for all of InterPlay's 2012 income.

## We Finished 2012 With a Surplus!

Thanks to a lot of hard work by the Board Finance Committee and all the national staff, **InterPlay finished 2012 with a surplus—Hooray!** By cutting our expenses, including staff salaries, InterPlay successfully restructured our budget to meet the challenges of a tight economy. We're proud of this accomplishment, and of the fact that InterPlay is able to have a global reach on a budget of less than \$500,000.



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# InterPlay Donors Bring the World to Life!

## Because of InterPlay donors, we're able to:

- **Offer scholarships** for the Life Practice Program, Leader Training Program and Millennial Program
- **Build partnerships** that enable InterPlay to serve new communities and needs
- Bring InterPlay to **marginalized communities**—participants with mental illness, addictions and other challenges
- **Mentor leaders** who are developing new InterPlay regions
- Continue **deepening the practice** and teaching of InterPlay around the world

If you were an InterPlay donor in 2012, **Thank You** for making all these things and more possible!

## Giving Wings Society— Helping InterPlay Plan for the Future

Giving Wings Society members share a deep passion for helping to spread InterPlay in the world. These **81 InterPlayers** from all across the country have each made **five-year pledges** ranging from \$40/month to \$5,000 or more per year. We are profoundly grateful for the friendship and partnership of our Giving Wings donors. Their names are listed below—if you know some of them, **please join us in saying thank you!**

Laurie Adams, Oakland, CA  
 Kate & Billy Amoss, Silver Spring, MD  
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## Legacy Donors

### Keeping the Dance Moving for Future Generations

InterPlay Legacy Donors share the belief that our bodies carry deep wisdom and that InterPlay brings people and communities to Life. In order to help sustain this vision, they have chosen to **add InterPlay to their estate plans**. We hope not to receive any of these gifts for a long time (!), but when we do, they will **create special opportunities for growing and sustaining InterPlay in the world**.

If you have included InterPlay in your estate plans, but don't see your name below, **please accept our apologies**. If you would like to share your plans with us, we would love to acknowledge and thank you.

If you would like **more information about including InterPlay in your will**, please contact **Theron Shaw** at [theron@interplay.org](mailto:theron@interplay.org) or 206/683-5898.

InterPlay Legacy Donors are listed below.

Donna Boyd, Raleigh, NC  
Sheila K. Collins and Richard S. Citrin,  
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Sally Craig, Takoma Park, MD  
Claire-Elizabeth DeSophia,  
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Johannas Jordan, Scottsdale, AZ  
Janie Oakes, Santa Fe, NM  
Harriet Platts & Fred Davis, Seattle, WA  
Phil Porter, Oakland, CA

## InterPlay Donors

### Bringing the World to Life

Every InterPlay donor has done something **unique and extraordinary**—they have invested a piece of their own financial resources towards sustaining and growing the InterPlay movement. In 2012, **331 donors** supported InterPlay.

### Thank you to each and every one of you.

We are honored to be your partners, and we hope you're proud of what your gifts have accomplished this year. InterPlay donors from 2012 are listed below.

Roger Adkins & Brian Herring, Raleigh, NC  
Linda Aldridge, Berkeley, CA  
Matt Alspaugh, Youngstown, OH  
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